



Canton-Inwood
Area Health Foundation

The Foundation Focus

Summer 2018

PAST SCHOLARSHIP RECIPIENT EXCELLING IN HEALTH CARE CAREER

In 2012, Canton-Inwood Area Health Foundation awarded its first ever Health Care of Tomorrow scholarship to Canton High School graduate Hannah Zylstra Louwagie.

The scholarship helped Hannah reach her educational goals at Augustana University, where she double majored in biology and psychology, and allowed her to pursue individual goals as well.

“Not only did scholarships make attending college more feasible for me, but they also took a huge weight off my shoulders. I didn’t have to feel guilty about taking time to attend activities or say ‘no’ to new opportunities because I was worried about finances,” she said. “I was able to pursue my interests and expand my horizons, and this helped prepare me to find a career that I love.”

Currently, Hannah is a Senior Clinical Research Coordinator at the Avera Center for Pediatric and Community Research. Her duties include data collection and research for the Environmental Influences on Child Health Outcomes (ECHO) program.

The program focuses on things that affect the health and wellbeing of pregnant mothers, infants, and children. “One of our main interests is neurodevelopment, which includes things like executive function, Fetal Alcohol Spectrum Disorder (FASD), and autism,” she said. Hannah also works on projects related to asthma, sleep, infant care practices, and population health.

Doing research, writing study plans and figuring out how it all fits together are all parts of the job Louwagie loves, but the kids and their families are an added bonus. “Especially the toddlers,” she said.

Hannah has learned that the opportunities in health care related employment are unlimited. “No matter what you’re interested in, there are ways to use your talents in the health care field,” she said.

“I work with people who specialize in marketing, management, statistics, finance, social work, family studies, technology . . . the list goes on and on,” she said. “It’s such a growing field and there are so many ways to make a difference.”

Hannah is already making a difference, but hopes to do even more in the future. “I would like to keep working with child development, either in research or in some type of public outreach or education,” she said. “I also hope to get a Master’s degree in public health.”

The Health Care of Tomorrow scholarship program was designed to assist students who are pursuing health care related degrees. “There is definitely a benefit for the students financially,” said CIAHF director Melissa Schutte, “but I think it’s easy to see that we, as recipients of health care, will also benefit from the talents and work of the students like Hannah who become incredible health care providers.”

Since inception, the foundation has awarded \$30,000 to local students. To find out more about how you can financially support CIAHF and impact students like Hannah, please visit cantoninwoodfoundation.org or call Melissa Schutte at (605) 764-1495.



CIAHF Invests Over \$31,000 in 2018 Community Health & Wellness Initiatives



Canton-Inwood Area Health Foundation is pleased to announce that \$31,111 has been awarded through the Heart of the Community grant program for 2018.

Recipients include: Canton Good Samaritan Center, Canton Senior Center, Canton-Inwood Area Youth Organization, Love INC, Sanford Canton-Inwood, City of Inwood, Fellowship Village and Kingdom Kids.



Canton Good Samaritan Center received \$5,000 to purchase a Geri Nursing Manikin. The availability of this manikin will enhance the current training program by offering hands-on training and experience for nursing staff. The manikin will be a valuable tool to refresh standard care skills, as well as to better prepare staff for newer care needs that may arise.

A \$2,000 grant to the Canton Senior Citizen Center will be used to offer a fitness program to all adults ages 55 plus. The class is taught by a trained instructor and will assist senior citizens with balance, muscle strength and muscle retention.



The Canton-Inwood Area Youth Organization received \$976 to purchase equipment for a middle school functional fitness program. The goal of the program, under the direction of Emily Plucker, is to build strength and confidence in middle school students by teaching them how to use fitness equipment.



A grant of \$4,000 will be utilized by Love, INC to provide food to children during Christmas break. During the holidays, it is especially hard for families to meet nutritional needs because of added expenses and the absence of school lunch. Children in Canton and Inwood will be eligible to receive a bag of food.

A \$1,000 grant will be used to establish a fund for the transportation needs of low-income patients at Sanford Canton-Inwood Medical Center. Reliable transportation can support access to rural health care, decrease inappropriate use of EMS services and decrease no show rates.



The City of Inwood will apply a \$10,000 grant to the expenses associated with installing a 10-foot wide walking and bike trail in the community. The trail will help promote a healthier lifestyle and improve safety for walkers, joggers and bikers.

Fellowship Village will purchase a Whisper Glide Swing with their \$6,500 grant. The swing allows individuals of all abilities the opportunity for a therapeutic experience. The swing is wheelchair accessible.



Kingdom Kids daycare will purchase supplies used to develop fine motor skills with a \$1,635 grant. Fine motor skills are those that involve a refined use of the small muscles which control the hand, fingers and thumb. With the development of these skills, a child is able to complete important tasks such as writing, feeding oneself, buttoning and zipping.

Canton-Inwood Area Health Foundation was established in 2009 with funds created by the sale of Canton-Inwood Memorial Hospital, assisted living and related assets to Sanford Health. Using interest earnings only, the grant program allows the foundation to meet one of its identified goals of supporting projects that impact community health and inspire additional community investments in projects that benefit health and wellness opportunities.



Canton-Inwood Area Health Foundation has invested over \$158,000 in our local communities through the Heart of the Community grant program.

CIAHF Awards \$6,000 in Health Care of Tomorrow Scholarships



Board member Jason Osborne presents \$1,000 scholarships to Canton High School graduates Landon Renli, McKenzie Krogmann and Cole Hennies.



Board member Laurel Reinke presents \$1,000 scholarships to West Lyon graduates Karoline Klingensmith, Lauren VandeKamp and Jordyn Kramer.

In an effort to support the future of health care, Canton-Inwood Area Health Care Foundation awards scholarships annually to deserving students who are pursuing an education in health care.

The 2018 Health Care of Tomorrow Scholarships have been awarded to Cole Hennies, Karoline Klingensmith, Jordyn Kramer, McKenzie Krogmann, Landon Renli and Lauren VandeKamp.

Hennies, Krogmann and Renli are 2018 graduates of Canton High School. Hennies plans to attend Augustana University and major in biology. Krogmann will attend South Dakota State University where she plans to pursue a degree in nursing. Renli plans to study communication science disorders at the University of Nebraska – Lincoln.

Klingensmith, Kramer and VandeKamp are 2018 graduates of West Lyon High School. Klingensmith will attend Morningside College and study nursing. Kramer will also study nursing at the University of Iowa. VandeKamp plans to attend Creighton University and pursue a pre-medicine degree.

Since 2012, the Canton-Inwood Area Health Foundation has provided \$30,000 in scholarships to area students.

A promotional graphic for a golf social. The background features a green golf course with rolling hills and a large white golf ball on a silver tee. The text is centered and reads:

6th Annual
Canton-Inwood Area Health Foundation Golf Social
Friday, July 20, 2018
1 p.m.
Hiawatha Golf Club

For sponsorship or team registration information, please visit cantoninwoodfoundation.org.



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P.O. Box 292
Canton, SD 57013
605.764.1495

Project Update



Hiawatha Healing Garden

The Hiawatha Healing Garden on the campus of Sanford Canton-Inwood Medical Center is a place of peace for patients, families, residents of Hiawatha Heights assisted living and Sanford Canton-Inwood employees. The garden features a soothing fountain, perennial plants and a pergola. Engraved bricks line the walkway and are still available for purchase. Call (605) 764-1495 for more information.

Stress Testing Equipment

Cardiologist Marian Petrasko, MD, Linda Hill, RN, Elizabeth Bockelman, RN, and Tanya VandeStroet, RN, answered questions and shared how updated stress testing equipment is beneficial to maintain quality services locally at a demonstration in April. The \$25,000 equipment was purchased for Sanford Canton-Inwood Medical Center thanks to generous donations to CIAHF.

